

m a n n a

L O N D O N

A SAMPLE OF OUR ALL-WEEK DELI-SWEET MENU

(Our food is UK seasonal-based and fresh, menus items will alter with the season)

Loaves-Sweet			
Babka		Gluten, nuts(pecan)	Jewish traditional sweet bread. Pecan and chocolate peanut spread. Toasted with vanilla syrup.
Weekly loaf		Gluten	Weekly change seasonal loaf.
Tray bakes			
Hazelnut brownie	GF	Nuts (hazelnuts)	Gluten free hazelnut chocolate brownie.
Seasonal frangipane		Gluten, nuts (almond)	Shortbread base with almond frangipane baked with seasonal fruits.
Croissants			
Croissants-Plain		Gluten	Buttery flaky croissants
Croissants-Almond		Gluten, nuts(almonds)	Buttery flaky croissant filled with almond paste.
Pain au chocolate		Gluten	Buttery flaky pastry filled with chocolate.
Cinnamon rolls			
Cinnamon rolls-Coffee		Gluten	Sweet cinnamon bread rolls coated with cinnamon sugar.
Cinnamon rolls-cinnamon		Gluten	Sweet coffee cinnamon bread rolls coated with coffee sugar.
Donuts			
Donuts-Ring Sugar		Gluten	Old-fashioned yeast dough deep-fried doughnut covered with sugar.)
Donuts-Ring Chocolate		Gluten	Old-fashioned yeast dough deep-fried doughnut. Coated with chocolate and toppings.
Donuts-Ball Seasonal jam		Gluten	Old-fashioned yeast dough deep-fried doughnut filled with seasonal jam.

continued...

VEGAN RESTAURANT & DELI

m a n n a

L O N D O N

Cupcakes			
Chocolate		Gluten	Fluffy cacao sponge and creamy chocolate frosting.
Vanilla		Gluten	Fluffy vanilla sponge and creamy vanilla frosting.
Weekly Special		Gluten, nuts	Weekly change sponge and weekly creamy frosting.
Chocolate-GF	GF		Fluffy cacao GF sponge and creamy chocolate frosting.
Vanilla-GF	GF		Fluffy vanilla GF sponge and creamy vanilla frosting.
Weekly-GF	GF	*Nuts	Weekly change GF sponge and weekly creamy frosting.
Tarts			
Seasonal A (plum)		Gluten, nuts (almond)	Crusty base filled with almond frangipane baked with plum.
Seasonal B (pear)		Gluten, nuts (almond)	Crusty base filled with almond frangipane baked with pear. Sprinkled caramel sauce.
Custard vanilla		Gluten	Flaky puff pastry base filled with vegan vanilla custard.
Biscuits/Cookies			
Breakfast-Oats	GF		Jumbo oats, coconut and dried cranberries cookies.
Chocolate chips		Gluten	Vegan dark chocolate chips cookies.
Shortbread-Plain Manna		Gluten	Simple flaky shortbread.
Shortbread-Sultanas.		Gluten	Simple shortbread with sultanas.

VEGAN RESTAURANT & DELI